



For more information on **active**harlow or sport, health and physical activity opportunities within Harlow please contact:

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activeharlow is supported by
Harlow District Council,
sportessex, Harlow Education
Consortium and Sport England.

If you would like this information in large print, Braille, audio tape or another language, please call 01279 446417.



activeharlow

sportessex

Get active with **active**harlow

The Community Sport, Health and
Physical Activity Network
for Harlow



See inside for details

www.harlow.gov.uk



What is activeharlow?

Launched on 17th February 2007 **activeharlow** is one of the leading Community Sport and Physical Activity Networks in Essex.

Why now?

Recent findings from the Active People Survey, commissioned by Sport England, highlighted that only 18.48% of people over sixteen years of age in Harlow regularly participate in sport or physical activity. The national average is 21%.

What will activeharlow do?

In response to this survey a network has been formed called **activeharlow** which seeks to bring together individuals and organisations who deliver health, sport, and physical activity. Unified in helping local needs for a higher quality of life for the people of Harlow.

Who is involved?

Made up of representatives from local agencies/organisations from statutory, voluntary, charitable and community organisations that share an interest in sport, health improvement, education and learning, community regeneration, crime reduction and social inclusion, with links to Harlow 2020 Local Strategic Partnership and reports to the 2020 Free Time Action group and Community Health and Wellbeing Group.

How will this affect my organisation?

activeharlow will encourage links to all Sport, Leisure, Physical Activity and Recreation Clubs in Harlow. It will also link to Harlow 2020, Safer Harlow Partnership, Youth Offending Team, Sure Start, Connexions, All Ability Sport and Leisure, The Obesity Strategy Group and the Children & Young People's Strategic Partnership amongst other organisations.

activeharlow will play a key role in drawing down funding and act as the voice for sport, being recognised as the 'one-stop-shop' for sport and physical activity in Harlow. **activeharlow** is part of a delivery system for sport in England and works in partnership with **sportessex**, the County Sports Partnership.

Key benefits will be:

- Delivering a local specific strategy for sport, health and physical activity in Harlow
- Increased participation and retention in sport, leisure, physical activity and active recreation across all sections of the community
- Enhance quality of life for the community along with a cleaner and safer sustainable environment leading to improved community health and wellbeing
- More accessible opportunities to participate in sport, leisure, physical activity and healthy recreation
- Removal of barriers to participation through partnership working with target groups such as people with disabilities, black minority ethnic groups, women and girls as well as older people and young people to achieve possible solutions towards promoting inclusion and equity of access to new opportunities
- Enhanced sporting and health infrastructure across Harlow
- Improved quality of coaches and instructors along with increased quantity of available coaches, instructors and volunteers at all levels
- Improved standards of sport and physical activity in Harlow
- Enhanced profile of sport and improved communication across all sections of the community

